

March 2010 Community Events Calendar

Kaiser Permanente San Jose Farmers' Market

Date: Every Friday, year round. 10am-2pm

Summary: Kaiser Permanente San Jose partners with the Pacific Coast Farmer's Market Association to provide real California grown, fresh, seasonal, and organic produce sold by the farmers who produced the crops.

Location: 250 Hospital Parkway, San Jose, CA 95119

Located between the One North (270 International Circle) and Two North buildings

More information:

<https://members.kaiserpermanente.org/redirects/farmersmarkets/>

Japantown Certified Farmers' Market

Date: Sunday mornings from 8:30am-12pm

Summary: Enjoy local fresh fruits and vegetables

Location: Jackson St. and 6th and 7th Streets, Directly in front of Miraido Village, San Jose, 95112

More information: <http://www.japantownsanjose.org/market.html>

Healthy Trails Hike

Date: March 6

Summary: Enjoy a hike along the Waterfall Loop Trail. Meet at the day use parking lot.

Location: Uvas Canyon County Park

Time: 11:00 am – 2:00 pm

More information: call (408) 355-2240. www.parkhere.org

Beginning Birding Clinic

Date: March 6

Summary: This session teaches you about binoculars, identification books, and other birding basics through hands-on activities and conversation. Then you go out into the field to practice your new skills. Binoculars and books provided. Be prepared to be outdoors in the weather for about an hour.

Reservations required. Call 408- 262-5513 x106.

Location: Environmental Education Center, Alviso

Time: 9:30 a.m. – 12:00 p.m.

More information: visit www.fws.gov/DESFAY/index.htm

An Eye for the Butterfly

Date: March 6

Summary: This session allows you to follow the stages of the life cycle of a butterfly from an egg to a butterfly with arts and crafts. You are also treated to a presentation and a guided exploration of the Butterfly Garden. Session is suitable for ages 5 and up. Reservations required. Call 408- 262-5513 x106.

Location: Environmental Education Center, Alviso
Time: 10:30 a.m. – 12:00 p.m.
More information: visit www.fws.gov/DESFEBAY/index.htm

Dog Fun on Trails

Date: March 7

Summary: Learn about the finer points of sharing trails with dogs and how to avoid troublesome situations. Meet at the parking lot at the end of Malaguerra Ave. in Morgan Hill. Bring sun protection, comfortable walking shoes and water for you and your dog. Pre-registration is required. All dogs must be on leash and have current vaccinations.

Location: Anderson County Park / Coyote Creek Trails

Time: 9:00 am – 10:00 am

More information: call (408) 355-2240. or visit www.parkhere.org

PAW'er Hour

Date: 3/11/2010, 3/16/2010, 3/24/2010

Summary: Summary: This is an hour-long, fun, and informational session with a unique tour of the Humane Society Silicon Valley Animal Community Center. Paw'er Hours are not fundraising events; they are simply a way to introduce people to what the staff members do every day. Staff will share HSSV's focus and direction – and many exciting plans moving forward.

Location: HSSV Animal Community Center, Milpitas

More information: visit www.hssv.org

Healthy Trails Challenge Hike

Date: March 13

Summary: Take part in a moderately challenging hike along the Figueroa/Vallecito/Pena/Los Cerritos Trail. Enjoy passing through a little canyon area and passing by Los Cerritos Pond. Bring sturdy hiking shoes, sun protection, binoculars, water and snacks. Meet at the Calero parking lot next to the ranger office.

Location: Calero County Park

Time: 9:00 am – 12:00 pm

More information: call (408) 355-2240. or visit www.parkhere.org

Beginning Bird Watching

Date: March 14

Summary: This program is a great way to learn about many local and migratory birds. It starts with a slide show indoors to learn about many local and migratory birds. Then you take a walk to try out your new skills. All ages are welcome. Reservations required. Call 408- 262-5513 x106.

Location: Environmental Education Center, Alviso

Time: 9:30 a.m. – 12:00 p.m.

More information: visit www.fws.gov/DESFEBAY/index.htm

Excellent Estuaries

Date: March 14

Summary: Estuaries are considered to be one of the most productive and diverse ecosystems in the world! The San Francisco Bay Estuary is the largest estuary on the west coast and we are all connected to it. Activities, demonstrations, and a guided walking tour of the southernmost salt marshes of the San Francisco Bay Estuary will be provided. All ages are welcome. Reservations required. Call 408- 262-5513 x 104.

Location: Environmental Education Center, Alviso

Time: 2:00 p.m. – 3:30 p.m.

More information: visit www.fws.gov/DESFEBAY/index.htm

Be Californian, Be Census Counted

Date: March 20

Summary: This event highlights the 2010 California Census Count. It is critical that every Santa Clara County resident be counted. The cost of each person not counted is more than \$1100 per person, per year. At the current moment, for every \$1.00 that we send the Federal Government, we receive in return 0.79 cents. We must do all we can to encourage everyone in our community to BE COUNTED. The event will have free activities for children and families alike.

Location: Center For Employment Training 701 Vine Street, San Jose

Time: 11: 30 a.m. – 2:00 p.m.

More information: Contact the hotline at 408-299-6404 or visit [CET census2010 Event](http://CETcensus2010.Event)

Shorebirds

Date: March 20

Summary: Watch a short slide show and then take a walk along the levees to observe these interesting and sometimes comical shorebirds. All ages are welcome. Reservations required. Call 408- 262-5513 x 102.

Location: Environmental Education Center, Alviso

Time: 10:00 a.m. – 12:00 p.m.

More information: visit www.fws.gov/DESFEBAY/index.htm

Community Service

Date: March 20

Summary: Help in the native plant garden by removing nonnative plants, pruning, mulching, or various other jobs that help protect wildlife and clean up our gardens. It's a great service project for scout groups, high school students needing community service, church groups, or home schooled groups. Bring your own gloves or borrow a pair of ours – tools are provided. Dress in layers and bring water and sunscreen. Be prepared to get dirty! Ages 9 and up. Participants 18 and under must be accompanied by a chaperone. Call Debra for reservations at 408-262-5513 ext. 102.

Location: Environmental Education Center, Alviso

Time: 1:30 a.m. – 3:30 p.m.

More information: visit www.fws.gov/DESFEBAY/index.htm

Wetlands Water Cafe

Date: March 28

Summary: This program explores the exciting world of the salt march food chain. Find out how producers, consumers, and decomposers all contribute to the web of life – and how you can help! All ages are welcome. Reservations required. Call 408- 262-5513 x 104.

Location: Environmental Education Center, Alviso

Time: 10:00 a.m. – 12:00 p.m.

More information: visit www.fws.gov/DESFAY/index.htm

Better Breathers Club

Date: March 29

Summary: Breathe California hosts the monthly Better Breathers Club meetings as a resource and support group for people suffering from lung disease and their family members. At these meetings, guests from various health disciplines speak to the group about ways to breathe easier and more effectively manage their disease, with the goal of improving an overall quality of life.

Location: Breathe California. 1469 Park Ave. San Jose, CA 95126

Time: 1:30 p.m. – 3:00 p.m.

More information: visit <http://www.lungsrus.org/>